

# College Move-In Checklist

## For all college students!

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### Move-In Day:

- Cleaning supplies (all-purpose household cleaner, paper towels or washable cloths)
  - Swiffer with wet mopping pads
  - Small tool kit (screwdriver, hammer, screws, nails)
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### Bed:

- Sheets and pillowcases (check what size is needed - some college mattresses are twin XL)
- Pillows (2)
- Mattress protector (check what size is needed - some college mattresses are twin XL)
- Pillow protectors
- Mattress topper!! Essential for making your bed comfortable (I recommend getting one at least 2" thick)
- Blankets (1-2) - you may want an extra one to put on top of your bed during the day since people may sit on your bed
- Comforter/Duvet cover
- Folding snack table or small bedside table (for alarm clock/lamp/phone)

- Clip-on bed lamp and lightbulb (optional)
  - Clip-on bed fan (optional)
  - Bed risers (optional - if you want more under-bed storage space)
  - Under-bed storage (optional - find out how tall your bed is going to be)
  - Bed backrest (optional)
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### Bathroom/Personal Care:

- Shower caddy or tote to carry all your toiletries to the bathroom
  - Bath towels
  - Hand towels
  - Wash cloths
  - Shower flip-flops or waterproof slides
  - Toiletries (e.g., soap, shampoo/conditioner, toothbrush, toothpaste, floss, deodorant, contact solution)
  - Facial tissues
  - Brush/Comb
  - Razor/Shaver
  - Nail clipper
  - Hair dryer
  - Bathrobe
  - Extra contact lenses
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### Laundry:

- Laundry bag/basket
  - Laundry detergent
  - Stain remover
  - Fabric softener
  - Iron (optional - you can probably borrow one if you need)
  - Portable ironing board (optional)
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## Room Needs/Storage:

- Clothes hangers
  - Wall hooks (3M Command non-stick hooks are great because they don't ruin walls - come in different sizes)
  - Small area rug to put by your bed
  - Bedside lamp
  - Alarm clock
  - Over-the-door racks (you will need this for towels, and other items when you're short on space)
  - Over-the-door shoe organizer (optional)
  - Hanging closet shelves (optional)
  - Door mirror (optional)
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## Office/Desk Supplies:

- Stapler and staples
  - Pens and pencils
  - Tape, scissors
  - Notebooks
  - Folders with pockets
  - 3x5 index cards (great for presentations)
  - Labels of various sizes (put your name on water bottles, clothes)
  - Stamps and envelopes
  - Stackable desk trays
  - Printer paper
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## Electronics:

- Calculator/charger
- Laptop
- USB flash drive
- Extension cords (bring 2 or 3 - outlets are not usually close to where you want to plug in your items)
- Surge protector power strip
- Headphones (optional)

- Portable mini speaker (optional)
  - Portable phone charger (optional)
  - HDMI cables (optional)
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## Kitchen Items:

- Reusable water bottle
  - Paper towels
  - Plastic food storage bags (e.g., sandwich size and gallon size Ziploc bags)
  - Food-storage containers
  - Dish soap
  - Sponge
  - Bowl, plate and cup
  - Coffee mug
  - Cutlery (forks, spoons, knives)
  - Sharp knife
  - Can opener
  - Plastic silverware and paper plates
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## Medicine:

- Prescription medication
  - Small first aid kit (bandaids, antibiotic ointment)
  - Pain relievers - acetaminophen (e.g., Tylenol)
  - Cold medicine
  - Cough medicine
  - Hay fever allergy medicine
  - Motion sickness medicine
  - Cough drops
  - Zinc lozenges (take at first sign of a cold to shorten your symptoms)
  - Throat Coat Tea (great for sore throats)
  - Vitamins
  - Thermometer
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## Personal Health Safety Supplies:

- Facemasks (fabric, disposable) - bring multiple fabric masks if you don't do laundry often
  - Handsoap
  - Antibacterial wipes
  - Hand sanitizer (use one with greater than 60% ethanol or 70% isopropanol) - keep travel size in your backpack; refill as needed
  - Surface disinfectant (e.g., Lysol) and paper towels
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## Cleaning Supplies:

- All purpose household cleaner
  - Paper towels
  - Antibacterial cleaning wipes
  - Hand vacuum or mini hand broom/dustpan
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## Snacks:

- Granola/Protein bars, trail mix - great before morning classes or for snacks
  - Canned soups (e.g., chicken noodle soup for when you're not feeling well)
  - Re-heatable non-perishable meal
  - Your favorite spice mix or hot sauce to pep up your meals
  - Instant coffee/tea bags
  - Sleepytime Tea
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**GET PREPARED!**

## Travel:

- Carry-on luggage for trips back home
  - Gym bag or weekend bag for short trips
  - Valid ID for travel/Passport
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## Decorations/ Fun Stuff:

- Wall art/posters
  - Framed photos of family and friends
  - String lights
  - Painter's tape (for hanging decorations)
  - Dry erase board w/ dry erase markers (for fun!)
  - Board games/Deck of cards
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## Shared Items:

- Small trash can and disposable plastic liners
  - Area rug for common area
  - Chair for guests who come into your room (optional)
  - Oscillating floor fan (optional)
  - Mini refrigerator (optional)
  - Microwave (optional)
  - Coffeemaker (optional)
  - Streaming TV (optional)
  - Floor lamp (optional)
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